

# 21st Century Discipleship

**B O O K 1 :  
G E T T I N G S T A R T E D**

**A COURSE FOR NEW BELIEVERS**

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Developed by the Center for Evangelism and  
Discipleship (CED),  
a division of Global University-ICI

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**@gcb%SELF-TEST**

Please read each study question carefully and circle the correct response. There is only one correct response for each question.

1. *Salvation is*
  - a) *earned by being good.*
  - b) *inherited through your family.*
  - c) *a gift from God.*
  
2. *The pattern for growth in Acts 2:42 included*
  - a) *study of the apostles' teaching, prayer, fellowship and communion.*
  - b) *starting a business and prayer.*
  - c) *prayer only.*
  
3. *The pattern for growth in Acts 2:42 is*
  - a) *reserved for special days of the year.*
  - b) *meant to become part of everyday living for new and old believers.*
  - c) *just a suggestion.*
  
4. *Water baptism symbolizes*
  - a) *joining the church.*
  - b) *death to the old sinful life and rising to a new life in Christ.*
  - c) *that you were more spiritual than those who had not been baptized.*
  
5. *We fellowship with others because*
  - a) *we need each other.*
  - b) *we have nothing else to do.*
  - c) *others are helpless without us.*
  
6. *Our prayer life should consist of*
  - a) *requests for our needs.*
  - b) *requests for others' needs.*
  - c) *praise to God and requests for our and others' needs.*
  
7. *The reason we tithe is*
  - a) *to receive God's blessings.*
  - b) *to be free from the bondage of money.*
  - c) *for God's blessings and to be free from financial bondage.*

8. *The requirement for water baptism is*
  - a) *salvation and a desire to follow Christ.*
  - b) *to be 21 years of age.*
  - c) *to have been a believer for five years.*
  
9. *The teaching of the apostles was based on*
  - a) *their culture.*
  - b) *Judaism.*
  - c) *the Old Testament and the life of Christ.*
  
10. *Celebrating Communion should be done*
  - a) *once a month.*
  - b) *only in church.*
  - c) *as often as you need, to remember and celebrate Christ's work on the Cross.*

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1. *The three dimensions of discipleship discussed in lesson two include*
  - a) *witnessing, joining a church, and ministry tasks.*
  - b) *biblical instruction, relationships, and Christian responsibility.*
  - c) *love, joy, and peace.*
2. *The most important relationship for spiritual fruitfulness and productivity is your*
  - a) *relationship with Jesus.*
  - b) *relationship to the church.*
  - c) *relationship with other Christians.*
3. *The term disciple refers to one who*
  - a) *studies the Bible for long hours.*
  - b) *investigates Christianity.*
  - c) *follows Jesus and obeys His teachings.*
4. *The committed disciple is a follower of Jesus who*
  - a) *is certain to attend church faithfully.*
  - b) *takes classes about world religions.*
  - c) *becomes increasingly aware of many Christian concerns and responds to them unconditionally.*
5. *The habit of Bible study is*
  - a) *not that important to a growing believer.*
  - b) *a practice for only the most spiritual leaders among us.*
  - c) *an extremely important practice for every growing believer.*
6. *An excellent way to remember what you study in the Bible is to*
  - a) *take notes for immediate reinforcement and future reference.*
  - b) *read the Bible only a few minutes at a time.*
  - c) *ask others their opinions about what you read.*

7. *Godly relationships with other disciples are*
  - a) *really not that important for the growing Christian.*
  - b) *to be avoided.*
  - c) *important to Christian growth and maturity.*
8. *The fundamental call from which all ministry emerges is*
  - a) *apostleship.*
  - b) *discipleship.*
  - c) *evangelism.*
9. *The center of spiritual growth for committed disciples is*
  - a) *reliance upon the power of the Holy Spirit in daily Christian living.*
  - b) *steady church attendance.*
  - c) *reading many Christian books.*
10. *The greatest reward of a prayerful life is*
  - a) *others complimenting you for a powerful prayer life.*
  - b) *fellowship with Jesus.*
  - c) *getting everything you want from God.*

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1. *The Bible is*
  - a) *to be worshipped.*
  - b) *God's inspired Word.*
  - c) *merely fiction.*
  
2. *Bible interpretation is like*
  - a) *visiting a foreign country.*
  - b) *making tents.*
  - c) *building a bridge.*
  
3. *When we say that the Bible has one message from beginning to end, we mean it is*
  - a) *inspired.*
  - b) *without error.*
  - c) *in unity.*
  
4. *The Christian faith is based on facts.*
  - a) *True*
  - b) *False*
  
5. *Choose the statement that is incorrect.*
  - a) *Hyperbole means to exaggerate something to produce a certain effect.*
  - b) *A proverb is a memorable statement that expresses an important bit of wisdom.*
  - c) *A metaphor is comparison of two like things introduced by the conjunction as or like.*
  
6. *Understanding a parable is likened to understanding*
  - a) *a joke.*
  - b) *deep theology.*
  - c) *all the details of the parable.*
  
7. *It is important to be patient as you study Scripture because*
  - a) *God intends to confuse you as you study.*
  - b) *understanding the Bible is a lifelong process.*
  - c) *it contains many mysteries no one understands.*

8. *Identify a good reason to use caution when exposed to unusual interpretations of biblical verses.*
  - a) *Unusual interpretations are usually the most accurate.*
  - b) *Unusual interpretations are generally the most spiritual.*
  - c) *Some people do not correctly handle the Word of God and are attracted to odd ideas with no firm biblical foundation.*
9. *If you really want to understand God's Word, you must*
  - a) *know more about it than your pastor.*
  - b) *have the heart of your heavenly Father.*
  - c) *stick to one translation.*
10. *The Bible contains*
  - a) *different kinds of literature that require particular ways of interpreting them.*
  - b) *only one genre of literature.*
  - c) *only ancient poetry and history.*

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1. *A passion for prayer is more properly termed a passion*
  - a) *to gain material wealth.*
  - b) *for intimacy with God.*
  - c) *to work for God.*
  
2. *Prayer is all about our \_\_\_\_\_ with God.*
  - a) *relationship*
  - b) *standing*
  - c) *submission*
  
3. *When we are careful to watch over what enters our heart, we maintain a clear conscience with God by allowing Him to*
  - a) *remove our sin so we never err again.*
  - b) *inspect our hearts with frequency.*
  - c) *remove His hedge of protection from us.*
  
4. *Confidence to approach God*
  - a) *is the product of human arrogance.*
  - b) *is an impossible goal.*
  - c) *comes when a person is born-again.*
  
5. *The relationship between pride and prayer is such that*
  - a) *pride is a great aid in prayer.*
  - b) *proud people enjoy praying.*
  - c) *pride is a great diversion to prayer.*
  
6. *People who do not understand the power of prayer or the timing of God believe*
  - a) *it is necessary to do something if they are going to make a difference.*
  - b) *there is no use for prayer because whatever will be will be.*
  - c) *they must become emotional and weep before God will answer.*

7. *The most common excuses for not developing intimacy with God through prayer are*
  - a) *exhaustion, busyness, and not feeling like praying.*
  - b) *laziness, busyness, and not feeling led to pray.*
  - c) *tiredness, sickness, and lack of desire.*
8. *When we constantly quibble with God about an answer to prayer, we*
  - a) *make Him happy.*
  - b) *assume that we know all things.*
  - c) *exercise our authority in prayer.*
9. *In waiting for an answer to prayer, we must take the position of*
  - a) *panic.*
  - b) *arrogance.*
  - c) *humility.*
10. *Listening during our prayer time is more than just giving God a chance to speak. It is*
  - a) *balancing out the relationship.*
  - b) *forcing God to hear our hearts.*
  - c) *understanding our will for Him.*

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After studying the lesson, please read each question carefully and circle the correct response. There is only one correct answer for each question.

1. *According to the book of Hebrews, faith is*
  - a) *something only a born-again believer can have.*
  - b) *an assurance and a conviction.*
  - c) *a feeling of strength and peace.*
  
2. *If someone has faith in something that is weak or false, the*
  - a) *faith is worthless.*
  - b) *faith will make everything okay.*
  - c) *strength of the faith will make up for the weakness of the object.*
  
3. *Christians are commanded to put faith in*
  - a) *God only.*
  - b) *God and themselves only.*
  - c) *God, themselves, and other things.*
  
4. *Which of the following is **not** a result of faith in God?*
  - a) *The purification of the heart*
  - b) *The promise that our troubles will be few*
  - c) *The strengthening of our courage*
  
5. *Romans 8:1 says that because of faith in Christ Jesus*
  - a) *our personal efforts to be holy will be successful.*
  - b) *we are no longer condemned.*
  - c) *we are still under the law of sin and death.*
  
6. *The “heroes” in Hebrews 11 did amazing things by*
  - a) *believing in themselves.*
  - b) *trusting in one another.*
  - c) *placing their faith in God.*
  
7. *The story of Shadrach, Meshach, and Abednego teaches us that*
  - a) *we are to obey, even if we are not sure God will protect us.*
  - b) *if we obey God, nothing will harm us.*
  - c) *our lives will be preserved in all situations if we have faith.*

8. *Faith in God develops through all of the following EXCEPT*
  - a) *knowing truth about God's character.*
  - b) *increasing our talents and skills.*
  - c) *prayer.*
9. *God's Word teaches that faith*
  - a) *is not necessary for godly living.*
  - b) *brings peace and rest.*
  - c) *does not free us from judgment.*
10. *God tests our faith to*
  - a) *punish us for disobedience.*
  - b) *develop our endurance and make us complete.*
  - c) *prove our strength.*

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After studying the lesson, please read each study question carefully and circle the correct response. There is only one correct response for each question.

1. *The word church comes from an ancient Greek word that means*
  - a) *an assembly.*
  - b) *house of God.*
  - c) *group of believers.*
  
2. *Which of these is the correct attitude about church attendance?*
  - a) *Attending church is unnecessary since all believers will go to heaven.*
  - b) *Believers should want to attend church to grow closer to God.*
  - c) *Church attendance is required in order to get into heaven.*
  
3. *What was Jesus' attitude toward attending worship gatherings?*
  - a) *Jesus rarely attended worship gatherings because He knew they were unnecessary.*
  - b) *Jesus regularly attended worship gatherings, setting the example for us.*
  - c) *Jesus said that we could not get to heaven without attending church.*
  
4. *Which book of the Bible describes the habits and worship practices of the first church?*
  - a) *Acts*
  - b) *Matthew*
  - c) *Revelation*
  
5. *Which of these is not one of the things the Bible mentions as happening in all church worship services?*
  - a) *Eating full meals*
  - b) *Preaching*
  - c) *Prayer*

6. *What is the primary mission of the church?*
  - a) *To reach the lost, baptize and disciple them*
  - b) *To please members by creating a comfortable family atmosphere*
  - c) *To meet together regularly to encourage each other to stay faithful to Christ*
  
7. *The Greek word for "shepherd" is used for which church leader?*
  - a) *Deacon*
  - b) *Elder*
  - c) *Pastor*
  
8. *Who is the head of the church?*
  - a) *Elders*
  - b) *Jesus*
  - c) *The pastor*
  
9. *In Scripture, the church is **not** depicted as a*
  - a) *bride.*
  - b) *husband.*
  - c) *body.*
  
10. *How will the world know that we are disciples of Jesus?*
  - a) *Because we attend church*
  - b) *Through our good deeds*
  - c) *By our love for each other*

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After studying the lesson, please read each study question carefully and circle the correct response. There is only one correct response for each question.

1. Which sentence is false?
  - a) *Worship is magnifying God.*
  - b) *Worship is merely a human tradition.*
  - c) *Worship is service to God.*
2. *Worship is meant to be*
  - a) *a lifestyle.*
  - b) *confined to a particular place.*
  - c) *a part of our religious duty.*
3. *An example of a true worshipper of God is*
  - a) *Judas Iscariot.*
  - b) *Cain.*
  - c) *King David.*
4. *David's experiences with God were*
  - a) *vague and impersonal.*
  - b) *distant and non-existent.*
  - c) *personal and intimate.*
5. *Worship is designed by God to help in the process of making the worshipper more like the One worshipped.*
  - a) *True*
  - b) *False*
6. *Mary's act of worship involved a gift that was equal in worth to*
  - a) *thirty pieces of silver.*
  - b) *a year's salary.*
  - c) *ten talents.*
7. *A true statement about love is that it*
  - a) *is self-centered.*
  - b) *does not require sacrifice.*
  - c) *manifests itself with a certain extravagance.*
8. *The oral law of the Jews contained how many commandments?*
  - a) *7*
  - b) *10*
  - c) *613*

9. Which is not a hindrance to worshipping God?
- a) Love for God
  - b) Tradition
  - c) Wrong focus
10. Worship is
- a) the believer's highest occupation.
  - b) not important to God.
  - c) tied only to the Old Testament.

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After studying the lesson, please read each question carefully and circle the correct response. There is only one correct answer for each question.

1. *Getting to know the Holy Spirit is*
  - a) *the way we get to heaven.*
  - b) *only for very spiritual people.*
  - c) *a lifelong journey.*
  
2. *Why was the Holy Spirit hovering over the waters in Genesis 1:1–2?*
  - a) *He was waiting to take pictures.*
  - b) *He was waiting for God to speak.*
  - c) *He was waiting to plan what would happen on each day of creation.*
  
3. *Which three words describe the Spirit's work in physical creation and spiritual formation?*
  - a) *Finding, Filling, and Flowing*
  - b) *Flooding, Freeing, and Filling*
  - c) *Fashioning, Filling, and Flooding*
  
4. *The Holy Spirit's work in both Testaments is summarized as*
  - a) *inconsistent and impossible.*
  - b) *emotional.*
  - c) *anointing and filling.*
  
5. *Indicate the major difference between the Spirit's ministries in the Old Testament and New Testament.*
  - a) *The meaning of "anointing" is absorbed into the meaning of "filling."*
  - b) *There is no difference.*
  - c) *The Holy Spirit now lives in the church, whereas in the Old Testament He had no where to stay.*
  
6. *Jesus responded to the devil's temptations by*
  - a) *praying that God would take the testing away.*
  - b) *asking His disciples to help Him.*
  - c) *rebuking the devil with Scripture.*
  
7. *How is being Spirit-led connected to being Spirit-filled?*
  - a) *If we are filled with the Spirit, we will love people more.*

- b) *A Spirit-led life begins by being Spirit-filled.*
  - c) *One must be baptized in water to be filled with and led by the Spirit.*
8. *Three characteristics of the Holy Spirit's personal nature are*
- a) *sense of humor, mild temperament, and grace.*
  - b) *intellect, emotion, and will.*
  - c) *kind disposition, tolerance, and innocence.*
9. *Which of these statements is true?*
- a) *If the Holy Spirit knew more, He would be God.*
  - b) *The Holy Spirit is God because He knows all things.*
  - c) *The Holy Spirit knows all things because He is God.*
10. *How can we know for certain that we are God's children?*
- a) *The Spirit testifies to our hearts individually that we are God's children.*
  - b) *Through reading as many books as we can about God*
  - c) *By not worrying about it*

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## @ggcb- SELF-TEST

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1. *The Holy Spirit is God.*
  - a) *True*
  - b) *False*
  
2. *The Holy Spirit helps believers*
  - a) *only as long as they have sinless lives.*
  - b) *but when it comes to praying, believers are on their own.*
  - c) *by giving them power over the flesh.*
  
3. *The baptism in the Holy Spirit is a powerful spiritual experience that*
  - a) *always occurs at the precise moment of salvation.*
  - b) *is a promise to every believer.*
  - c) *is man-made and has no basis in Scripture.*
  
4. *The prophet Joel prophesied that the Spirit of God would be poured out on all people.*
  - a) *True*
  - b) *False*
  
5. *Evidence of change in the Spirit-filled believers of the first century included their*
  - a) *speaking the Word of God boldly.*
  - b) *reluctance to pray.*
  - c) *fear of political leaders.*
  
6. *The essential difference between salvation and Spirit baptism is that*
  - a) *the individual has to work hard to earn salvation.*
  - b) *salvation begins our walk with Christ and Spirit baptism empowers us to live for Him.*
  - c) *Spirit baptism is necessary for our entrance into heaven.*
  
7. *Jesus is capable of baptizing us in the Holy Spirit without the help of any other person.*
  - a) *True*
  - b) *False*

8. *Speaking in tongues is the initial physical evidence of the baptism in the Holy Spirit today because it was the initial physical evidence of the baptism in the Holy Spirit in the book of Acts.*
  - a) *True*
  - b) *False*
9. *Which of the following is not a characteristic of the Holy Spirit?*
  - a) *The Holy Spirit has a mind, intellect, and knowledge.*
  - b) *The Holy Spirit speaks.*
  - c) *The Holy Spirit cannot be grieved or hurt.*
10. *Which of the following is not a benefit of speaking in tongues?*
  - a) *Our spirit is edified and strengthened.*
  - b) *We become superior to those who do not speak in tongues.*
  - c) *The Holy Spirit helps us pray when we do not know how to pray.*

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After studying the lesson, please read each study question carefully and circle the correct response. There is only one correct response for each question.

1. *Sanctification is defined as*
  - a) *an act of separation from that which is evil and separating it to God.*
  - b) *God's pronouncement of sinners as righteous.*
  - c) *the process of imparting new life.*
  
2. *What is God's purpose for sanctification?*
  - a) *To teach us not to sin*
  - b) *To develop His holiness in our lives*
  - c) *To judicially free us from all condemnation*
  
3. *In the process of our sanctification, God*
  - a) *strips away our improper attitudes.*
  - b) *abandons us, for He cannot tolerate sin.*
  - c) *enjoys our pain and suffering.*
  
4. *When do we often grow to become Christlike?*
  - a) *While enjoying the mountaintop experiences of life*
  - b) *During the various trials we encounter*
  - c) *When we work harder at being good people*
  
5. *Those who commit their lives to the work of sanctification are devoted to being*
  - a) *God-performers, pretending to look after the things of God.*
  - b) *God-police, minding the affairs of others.*
  - c) *God-pleasers, passionate for the things of God.*
  
6. *The greatest things we will war against in becoming more like Jesus will come from our*
  - a) *family.*
  - b) *flesh.*
  - c) *fortune.*

7. *Whoever said that sanctification was going to be easy did not understand the*
  - a) *need for personal accountability and spiritual disciplines.*
  - b) *expectations placed upon you by church leadership.*
  - c) *challenge of answering these sanctification questions.*
  
8. *Spiritual discipline always includes*
  - a) *church membership and children's ministry.*
  - b) *giving of our tithes and keeping the law.*
  - c) *putting off the old nature and putting on the nature of Christ.*
  
9. *The key ingredient and empowerment in our becoming more like Jesus is the*
  - a) *spirit of determination and fortitude within us.*
  - b) *encouragement and edification given by others.*
  - c) *residential and transforming work of the Holy Spirit.*
  
10. *What analogy did the writer use to describe God's work and purpose of sanctification in our lives?*
  - a) *God is polishing us down here to shine for Him up there.*
  - b) *God is chipping us down here to fit us in His kingdom.*
  - c) *God is equipping us down here to be rewarded up there.*

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**SELF-TEST**

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1. *Temptation comes to*
  - a) *only people who are weak.*
  - b) *only people who do not go to church.*
  - c) *all people.*
2. *God is*
  - a) *the source of all temptation.*
  - b) *just waiting for us to yield to temptation.*
  - c) *never the source of temptation.*
3. *First Peter 5:8 identifies our enemy as*
  - a) *the devil.*
  - b) *those who do not like us.*
  - c) *leaders of cults.*
4. *According to Scripture, the three main areas of temptation are*
  - a) *alcohol, drugs, and tobacco*
  - b) *lust of the flesh, lust of the eyes, and pride of life*
  - c) *money, sex, and Internet.*
5. *The goal of temptation is to*
  - a) *swindle us out of the blessings of God.*
  - b) *show how weak we are.*
  - c) *show how strong we are.*
6. *Jesus counteracted Satan's temptations by*
  - a) *closing His eyes.*
  - b) *running away.*
  - c) *quoting and applying appropriate Scripture.*
7. *Yielding to the lust of the flesh is generally*
  - a) *giving in to our sinful nature.*
  - b) *being hungry.*
  - c) *being tired.*
8. *A practical escape out of temptation and into godly living is to*
  - a) *never leave your home.*
  - b) *shift an ungodly conversation into a wholesome topic.*
  - c) *yield to temptation.*

9. *True of Jesus' experiences on earth is that*
  - a) *Jesus was tempted at the beginning of His ministry.*
  - b) *Jesus yielded to the enemy's temptation.*
  - c) *Jesus was never tempted.*
  
10. *Yielding to temptation can lead to*
  - a) *our own fall from grace.*
  - b) *the destruction of our family.*
  - c) *all of the above*

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the regional HBMM National Leadership Team  
member for your region. Their contact information is  
located on the "Contact Leadership Team" page on  
our website: <http://HBMM-National.org>



## @ggcb%&SELF-TEST

After studying the lesson, please read each study question carefully and circle the correct response. There is only one correct response for each question.

1. *The fruit of the Spirit develops in a person's life*
  - a) *all on its own.*
  - b) *by trial and error.*
  - c) *as a result of the Spirit's action.*
  
2. *To bear spiritual fruit, you must*
  - a) *be a part of the right church affiliation.*
  - b) *be a member of the royal family.*
  - c) *have a born-again experience.*
  
3. *The greatest showing of spirituality comes when*
  - a) *fruit and gifts work together.*
  - b) *one attends church all the time.*
  - c) *one prays often.*
  
4. *For the fruit of the Spirit to develop and for our character to mature, we must*
  - a) *join a church body.*
  - b) *stay in fellowship and communion with Christ.*
  - c) *speak in tongues as the Spirit gives utterance.*
  
5. *Growth in the life of the believer is*
  - a) *a thing of luck.*
  - b) *something we have no control over.*
  - c) *continuous and progressive.*
  
6. *The love that Paul speaks of in Galatians 5:22 is*
  - a) *romantic and easy.*
  - b) *possible only through the Holy Spirit.*
  - c) *emotional and temporary.*
  
7. *God's long-suffering leads to our*
  - a) *indifference.*
  - b) *nervous breakdown.*
  - c) *repentance.*
  
8. *The fruit of the Spirit is not the result of improving the natural character; it is the result of*
  - a) *being a good person.*
  - b) *new spiritual life from above.*
  - c) *reading the Bible and praying every day.*

9. *One benefit of having the fruit of the Spirit is*
- a) *liberty to say and do whatever we want without consequences.*
  - b) *having God force His will on us.*
  - c) *that the fruit produces visible change.*
10. *The law of sowing and reaping teaches that*
- a) *what one sows one reaps.*
  - b) *we must be good farmers.*
  - c) *our thoughts do not affect our actions.*

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**SELF-TEST**

After studying the lesson, please read each study question carefully and circle the correct response. There is only one correct response for each question.

1. *Claustrophobia is the fear of*
  - a) *water.*
  - b) *heights.*
  - c) *confined places.*
2. *The word worry comes from two words which mean*
  - a) *“anticipate” and “expect.”*
  - b) *“mind” and “divide.”*
  - c) *“plan” and “failure.”*
3. *Healthy fear is defined as*
  - a) *a response stimulated by a real threat or problem.*
  - b) *fear in the absence of an adequate cause.*
  - c) *fear that does not have a specific object.*
4. *The healthiest fear of all is*
  - a) *fear of things that are real.*
  - b) *fear of the unknown or unfamiliar.*
  - c) *fear of God.*
5. *Which is not a reason some people become fearful?*
  - a) *A thorough knowledge of the Word of God*
  - b) *Loss of control*
  - c) *Feeling of inadequacy*
6. *In walking on the water, Peter*
  - a) *selfishly jeopardized the safety of the other disciples.*
  - b) *was motivated by pride.*
  - c) *allowed his faith to overcome fear.*
7. *When we constantly think and talk about our fears,*
  - a) *we give added power to those thoughts and words.*
  - b) *we minimize their impact on our lives.*
  - c) *it helps build our faith in God.*

8. *In Mark 11:24, Jesus encourages us to*
  - a) *believe that we have already received what we asked for in prayer.*
  - b) *keep praying until we get what we ask for.*
  - c) *believe that we can have anything and everything we ask for in prayer.*
  
9. *The best resource for conquering fear is*
  - a) *the prayers and support of our Christian friends.*
  - b) *to remember past victories over fear.*
  - c) *the Word of God.*
  
10. *According to 2 Timothy 1:7, God did not give us the*
  - a) *spirit of fear.*
  - b) *faith to believe.*
  - c) *wisdom to discern.*